

Support Your Immune System **NOW**

We do **NOT** support any claims that we test, diagnose, treat, cure or eliminate **COVID-19 Corona virus**.

We support protocols to improve the function of the immune system and preventative measures to aid in personal health.

How can BIE help?

BIE is a natural, noninvasive method that helps a person's body to recognize the "culprit" stressors that are causing their health disorder. Our patented unit, the GSR-120, directs energy to specific points on the body, introducing the electromagnetic signature of the stressors (culprits). This enables the body to recognize the stressors, deal with them accordingly, and relieve itself from any associated symptoms - ***without the use of needles or drugs!***

Can natural supplements help?

Herbal remedies have been used for centuries. According to historical and traditional uses, herbs have been used to assist the body to heal from many health disorders from A to Z. One very common use of herbal remedies is to help support the immune system. Here are a few popular herbal remedies that have been used globally:

Echinacea (North America) Many people use echinacea as a dietary supplement for infections such as the common cold. It's believed that *it stimulates the immune system*. This helps the body do a better job fighting the infection.

Cat's Claw (Una de gato – South America) Cat's claw is a tropical vine used for centuries as a traditional medicine that helps *support the immune system*. Today, it's commonly consumed as a supplement due to its alleged health benefits for helping with cancer, inflammation and infections.

Astragalus (Asia) Astragalus is an herb that has been used in traditional Chinese medicine for centuries to *help strengthen the immune system*. It is believed to prolong life and used to treat a wide variety of ailments, such as fatigue, allergies and the common cold. It's also used against heart disease, diabetes and other conditions.

Vitamin C - Helps to maintain the lining of the respiratory and digestive tract, which acts as a barrier against infection.

Vitamin D3 - Works with T cells, a type of white blood cell that is key to the immune system's ability to fight off infection and disease.

Do my eating habits affect my immune system?

Your immune system is a complex system that incorporates many biological functions, helping to prevent any pathogens or viruses from penetrating your body. However, recent studies have indicated that our modern diet of refined sugars and processed, fatty foods could be taking a toll and possibly doing irreversible damage to this vital system. **Did you know that 1 tsp. of sugar is enough to suppress your immune system for up to 6 hours?**

As with every system in your body, your immune system relies on a delicate balance of vitamins, minerals and other nutrients to function optimally. If you're not eating the right foods, it can affect a number of different functions within your body, such as sleep, digestion and stress, which can then have a detrimental effect on your immune system.